

**Learn while having fun: it is possible!**  
Guided dramatic and costumed tours, sword fights, Medieval workshops, book-making workshop, treasure hunts...so many different ways to discover the Medieval City of Carcassonne.

# student groups 2015



Carcassonne 'the Medieval City' has never borne its name so well...  
**The kids will love it !**



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# Medieval activities



› The Middle Ages staged in the heart of the Medieval City 1h

**200€**

max. 30 children

**220€**

max.55 children

- Interactive event with choreographed sword fights
- Medieval weapons room
- Presentation of medieval musical instruments
- Medieval dances
- Demonstration of forging techniques

Free chaperon



› Treasure hunt 1h30



**280€**



35 children max.

Or, how to discover the history of the Medieval City of Carcassonne in a fun way, by solving puzzles adapted to the ages of the children.

• 3 age groups: 8-9 years / 12-13 years / sixth-formers

Includes a small souvenir for every child!

› Book-making workshop



At the foot of the Medieval

from  
**16€\***  
\* per child per day



The book-making workshop explores the different stages in making a book, through varied educational workshops: beginning with the traditional production of paper, before then coming onto traditional printing (typography) and making illustrations (engravings) and marbled paper. The final stage is the binding. Whether on an introductory day or a discovery class, the magic of book-making will be at work!

Each child will leave with their own creation!

# Indoor workshops



255€\*

Max. 30 children. Duration 90mins + 30mins open tour of the Musée de l'Ecole after the workshop

These are run by guides who will lead the children on an exploration of the Middle Ages in a different way, through images, objects and their own imaginations! The workshops are held in the Musée de l'Ecole, in the heart of the Medieval City, in a reconstructed classroom from the 1880s to 1960s.

## > The words of the Middle Ages

### *Getting closer to the everyday life of the Middle Ages*

- Exploring French words and expressions dating from the Middle Ages still used today: banlieue, copain, matelot, biscuit, viande, glandeur, meuble, trier sur le volet, rester sur le carreau, potager, mettre la table, payer en espèces, flirt, cordonnier, bougie, tenir le haut du pavé, cahier ...
- When words travel: words that came from other places
- Presentation of shards of medieval ceramics that were used for preparing and storing food.
- Presentation of the main spices used during the medieval period: pepper, nutmeg, ginger, cinnamon...

## > The words of the Medieval table

### *Getting closer to medieval cooking and exploring French words and expressions from the Middle Ages, all linked to food:*

dessert, entremets, potage, abricot, biscuit, viande, être trempé comme une soupe, potager, mettre la table, boulanger, fromage, sucre, payer en espèces...

Presentation of shards of medieval ceramics that were used for preparing and storing food.

- Presentation of the main spices used during the Medieval period: pepper, nutmeg, ginger, cinnamon...
- At the end of the activity, each child will receive a sheet featuring 2 easy medieval recipes to try out at home.

## > The words of the fortified castle

### *Brief history of the origin of fortified castles.*

- Exploration of life in a fortified castle through the French words and expressions born in the Middle Ages and still used today: meuble, entremets, jongleur, banlieue, réveillon, dessert, crêneau...

## > Medicinal plants and spices in the Middle Ages

### *This presentation can be carried out in medieval costume.*

- Exploration of medieval gardens and plants used during the Middle Ages, through an exhibition of spices, plants and numerous illustrations: historical, iconographical and archaeological sources, symbolism of the medieval garden, different types of gardens in the Middle Ages and the plants that would be found there. Medicinal, aromatic and tinctorial plants. The little legends linked to plants and why rosemary flowers are blue. Why is the bay laurel also known as "Apollo's laurel" in French? Also the French words and expressions used today and which come from plants : baccalauréat, joncher, épicier, payer en espèces, Pays de Cocagne...  
Option of ending the activity with some biscuit tasting.



## > Heraldry workshop \*Additional 20€

**Duration : 2 hours. For primary and secondary school ages.**

*Learning about the concepts of heraldry, concentrating on Toulouse, the Languedoc and Catalonia.*

- Creating a coat of arms partnered with a motto or a war cry.
- Educational material on knights, the feudal world, the symbolism of heraldry and its evolution, as well as the role of heralds of arms.

# Outdoor workshops



227€

Max. 30 children. Duration 90mins

These are run by a guide who wanders through the streets of the Medieval City, making surprising discoveries...

## > The City of Carcassonne: between legends and reality

### *Evoking legends linked to the City of Carcassonne on a journey through the alleys:*

- The Legend of Dame Carcas: the origins of the legend in the history of the City · The Great Well... the well of the fairies
- The Legend of Saint-Gimer · The Legend of Charlemagne's Spring · Other medieval legends...
- Games with the children: let's make up a legend that could have happened in the City (in the format of legendary tales)

## > Discovering the medieval bestiary:

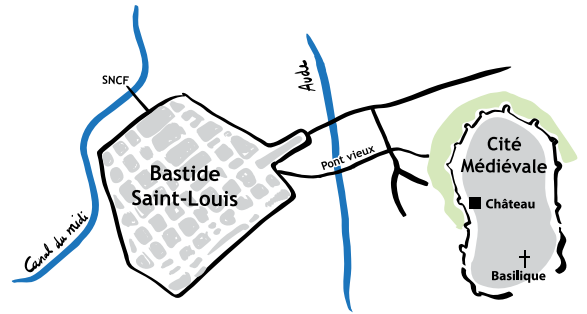
### *The imaginary and superstitions in the Middle Ages Discover the medieval bestiary in the City's alleys:*


- The gargoyles of the Basilica of St. Nazaire and St. Celse
- The grotesques of Place du Château and Rue Saint-Louis
- Legends linked to the bestiary: the Legend of the Unicorn, the Legend of the Gargoyle...
- Some animals and their symbolism in the medieval period

# Guided visits

with guides from the Office de Tourisme

 upon request : 
 



TOUR - max. 35 people/group		Dur.	Educational rates under18s	Educational rates ages 18 - 25
1	Château + external fortifications of the Medieval City	1h30	165€	135€ + 6,50€/pers
2	Château + Basilica	2h30	220€	190€ + 6,50€/pers
3	Prestige - Château + external fortifications of the Medieval City + Basilica + Bastide St-Louis	3h00	300€	270€ + 6,50€/pers
4	External fortifications of the Medieval City + Basilica	1h30	135€	135€
5	External fortifications of the Medieval City + Basilica + Château exterior	2h30	190€	190€
6	External fortifications of the Medieval City with a costumed guide	1h00	190€	190€
7	Visit by night of the external fortifications of the Medieval City	1h00	135€	135€
8	Bastide Saint Louis	1h30	135€	135€
9	External fortifications of the Medieval City + Bastide Saint-Louis	2h30	190€	190€
10	Discovery tour of the Medieval City with an archaeologist 	1h30	190€	190€
11	Tour with guide of the temporary exhibitions at the Fine-Arts Museum in the Bastide St-Louis	1h00	135€	135€
12	Guided visit outside of Carcassonne	1/2 day	200€	200€
13	Guided visit outside of Carcassonne	1 day	280€	280€

\* 1 free chaperon / 15 children. Additional chaperons = 6.50€/pers. Education Nationale card holders = free

## Dramatised Tour

max. 35 children. Duration 1h

**360€**



With a costumed guide for the exterior and interior fortifications of the Medieval City + an escort of 2 guards to protect a treasure + attack by a brigand, with choreographed sword fighting in the curtain walls and a happy outcome...

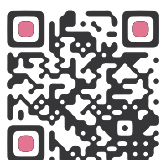
## Escort

max. 35 children. Duration 45 min

**170€**



For the running of your guided tours and the choreographed sword fighting.



**Information - Booking**  
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